

Sawscapes Play
FITNESS
AND SPORTS

GET OUTSIDE, GET ACTIVE!

As obesity numbers grow and lifestyles become more sedentary, opportunities for physical exercise are more valuable than ever.



Offering the facility of a free outdoor gym or sports area creates accessible opportunities for all ages and abilities. Users also gain the added health benefits of enjoying an open space to improve both their physical and mental well-being.

WE HAVE A VAST RANGE OF OUTDOOR GYM PIECES...

CONTACT US TO FIND OUT MORE!

GAMES, GOALS & TARGETS

Ball games have always been a hit, especially with children who might have outgrown their local play area or want to develop their sports and team game skills.



Upton Grey Parish Council Play Area



Rucstall
Primary School,
Basingstoke

Our range of goals and sports accessories cover a host of sports, from Cricket to Basketball as well as multi-sport options.

Call or email to organize and book a...

**FREE
CONSULTATION!**



CHILDREN'S OUTDOOR GYM

Our range of outdoor fitness equipment is specifically designed and sized for primary school aged children. Children can participate together without having to compete, meaning every child can get involved.

Outdoor exercise is proven to enhance fitness and stimulate emotional well-being, while developing muscle strength, flexibility, balance and co-ordination. Children queue up excitedly to use their outdoor gyms and they quickly become a healthy hub of activity for schools.



Children's Rider



Children's Hip Twister



Children's Cardio Combi

FITNESS OPTIONS FOR ALL AGES AND ABILITIES...

VISIT OUR WEBSITE FOR MORE IDEAS!

ADULT'S OUTDOOR GYM

Many adults may not have access to a private gym or leisure centre. Often, their only source of regular fitness opportunities will be in their nearest park.



An outdoor gym could be a lifeline to those that need it and there are options for all ages and abilities. For example, our Tai Chi Spinner is a great option for the elderly or wheelchair users.

For more advice, call or email to organize and book a **FREE CONSULTATION.**



OUTDOOR AGILITY FOR ALL

More adventurous than our Outdoor Gym range and more versatile in use as a circuit, our Adult Timber options are also suitable for older children. Installed using steel feet and built with robust sections, it is more than durable enough to last!



Adult Combo Crawl



Adult
Swing Logs



Commando
Net

The muted finish of the materials also helps to blend in with more natural settings. We can also offer bespoke options including custom rope or HDPE plastic colour ways.

So if you have something specific in mind, please get in touch for a **FREE CONSULTATION AND DESIGN!**



Adult
Ascend
Net

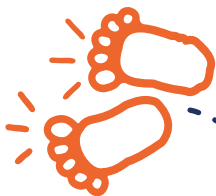


Adult
Monkey Bars

IF YOU'RE LOOKING FOR SOMETHING BESPOKE, GET IN TOUCH FOR A FREE CONSULTATION!



THANK YOU FOR LOOKING...
PLEASE GET IN TOUCH FOR MORE INFO



Sawscapes Play

Creators of Amazing Play Spaces

info@sawscapesplay.co.uk

01420 257234

Sawscapes Play Limited
Unit 8a, Hartley Park Farm
and Business Centre,
Selborne Road, Alton, GU34 3HD



If you have any queries or can't find exactly what you're looking for,
please get in touch for a FREE, no obligation consultation!

www.sawscapesplay.co.uk